

20th July - 26th July

Main Pool

Monday

06.00	-	06.50	Public Lane Swim
07.00	-	08.30	Early Bird Public Swim
09.00	-	10.00	Adult Only Public Swim
10.00	-	18.00	Public Swim*
18.10	-	18.45	Adult Only Public £2.30 Swim

Tuesday

06.00	-	06.50	Public Lane Swim
07.00	-	08.30	Early Bird Public Swim
09.00	-	10.00	Adult Only Public Swim
10.00	-	13.00	Public Swim
13.30	-	15.00	Giant Pool Inflatable^
16.00	-	18.45	Public Swim*

Wednesday

Closed all day

Thursday

15.00	-	19.10	Public Swim*
19.15	-	20.15	Adult Only Public Swim

Friday

06.00	-	06.50	Public Lane swim
07.00	-	08.30	Early Bird Public Swim
09.00	-	10.00	Adult Only Public Swim
10.00	-	18.15	Public Swim*

Saturday

10.45	-	15.30	Public Swim
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Sunday

08.00	-	09.30	Adult Only Public Swim**
09.45	-	14.45	Public Swim

+ Pre-book via lancaster.gov.uk/fitnessclasses
^ Pre-book via www.lancaster.gov.uk/special-events
*NL/HP - Half pool available, no swim lanes 16.00 - 18.00
** NL/HP - Half pool available, no swim lanes 8.00 - 9.30
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Small Pool

Monday

12.00	-	12.50	Aqua Fit+
13.00	-	13.50	Aqua Fit+

Tuesday

12.30	-	13.20	Aqua Zumba
18.10	-	19.00	Aqua Fit+

Wednesday

Closed all day

Thursday

Closed

Friday

13.15	-	14.05	Aqua Fit+
14.15	-	15.45	Public Swim

Saturday

10.45	-	15.30	Public Swim
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Sunday

09.45	-	14.45	Public Swim
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Price List

	Pay as you swim	Go Card
Adults	£5.40	£2.70
Juniors (3-15 years)	£3.45	£1.60
Seniors (60+)	£3.75	
Family Swim (2 adults + 2 children)	£16.10	
Spectators / Carers / Under 3	Free	
Other Pool Sessions		
Pool Fitness Classes	£6.99	£3.60
Adult Fitness Swim	£6.99	£3.60

Inflatable Fun Sessions
Holiday Inflatable £9.00

Swimming Discount Card
12 Swims for the price of 10
Adult £54.00
Junior £34.50
Senior £37.50

1 Month

unlimited swim pass*

Adult - £41.00
Junior - £30.00
Senior - £35.00

6 Month

unlimited swim pass*

Adult - £195
Junior - £107
Senior - £159
Early Bird - £112

*Replacement cards can be
purchased for £2.00