



TRAINING ZONE TIMETABLE

open access for everyone

Monday

7:00 – 10:00

11:30 – 21:30

Tuesday

06:00 – 10:30

11:15 – 17:30

19:20 – 21:30

Wednesday

07:00 – 09:30

11:15 – 18:00

18:45 – 21:30

Thursday

06:00 – 10:45

11:30 – 18:30

19:30 – 21:30

Friday

7:00 – 17:30

18:20 - 21:30

Saturday

09:10 - 17:00

Sunday

09:15 - 17:00