



TRANQUIL
SPA & BEAUTY

CHRISTMAS IS COMING

WINTER WARMER

£45

- hot oil back neck & shoulder massage,
- relaxing express Ishga facial,
- thermal journey.

BUT BABY, IT'S COLD OUTSIDE

Defrost in our Thermal Journey

Including salt inhalation room, relaxation room,
aroma steam room & watermill sauna.
Small towel provided to sit on.

just
£20
per
session

Buy one session & bring a friend along for just £10!

PERFECT GIFT FOR CHRISTMAS

Treat a loved one to
some "me time" this
festive season with a
Tranquil Spa Gift Card.

Gift cards are redeemable
against treatments, products
or the spa thermal journey.



ELEMIS BOX SETS

all your favourite
Christmas gift sets from
Elemis are back with unmissable discounts.
Gift wrapping service available for an additional charge.



TOASTIE TOES

£35

luxury spa pedicure including foot
mask application & hot booties

Gel add on £40



lancaster.gov.uk/tranquilspa | 01524 582 916
Salt Ayre Leisure Centre, Doris Henderson Way, LA1 5JS

 tranquilspa_and_beauty  /tranquilspaandbeauty

Terms and conditions: These offers are valid until 31/12/24. All offers are subject to availability, are on a first come first served basis, and cannot be used in conjunction with any other offers. Additional membership discount does not apply to any of the above offers. Appointments should be booked in advance to avoid disappointment. Management reserve the right to change any of the above offers without advance notice.

PICK N MIX

Choose from these 25min treatments:

- back, neck & shoulder massage
- hand & arm massage
- foot & leg massage
- mini Ishga/Elemis facial
- neck & scalp massage
- file & polish toes

with complimentary thermal journey worth £20!
Small towel provided to sit on.

2 for
£42

3 for
£53

FILLING UP FAST!

Book in your festive nails & other appointments for your Christmas Party prep

Call the spa reception on 01524 582916

HAPPY NEW YEAR TO YOU

from the Tranquil Team

We appreciate all our customers
& want to say thank you!

£10 VOUCHER

to be used off any Elemis facial through January and February 2025.
All subject to availability, cannot be used in conjunction with gift vouchers or any other offer,
appointments should be booked in advance by calling 01524 582 916.