



# TRANQUIL SPA & BEAUTY

# TREATMENTS

\*20% discount available for Salt Ayre Leisure Centre Members

## Massage

Traditional - back and neck (25 mins)	£39*
Traditional - full body (55 mins)	£55*
Indian Head	£47*
Hot Stone - back and neck (25 mins)	£41*
Hot Stone - full body (60 mins)	£58*
ISHGA Invigorating full body (55 mins)	£55*
ISHGA back and neck (25 mins)	£39*

## Add-ons

Hand massage (15 mins)	£15
Foot massage (15 mins)	£15
Scalp massage (15 mins)	£15
Eye reviver (15 mins)	£15

## Facials

ELEMIS Pro-Glow Renewal (50 mins)	£55*
ELEMIS Pro-Glow Smooth (50 mins)	£55*
ELEMIS Pro-Glow Brilliance (50 mins)	£55*
ELEMIS Pro-Glow Resurface (50mins)	£55*
ELEMIS Pro-Glow Genius (50 mins)	£55*
ELEMIS Express Facial (25 mins)	£39*
ELEMIS 24/7 Peptide Facial (30 mins)	£40*
ISHGA Express Facial (25 mins)	£39*
ISHGA Facial (55 mins)	£55*

## Extras

Anti-Wrinkle Injections  
Skin Peels  
(ask at reception for more details)

## ELEMIS BIOTEC Facials

ELEMIS BIOTEC Pro-Glow Renewal	
ELEMIS BIOTEC Pro-Glow Smooth	
ELEMIS BIOTEC Pro-Glow Brilliance	
ELEMIS BIOTEC Pro-Glow Resurface (1.0)	
ELEMIS BIOTEC Pro-Glow Resurface (2.0)	
25 min facial	£45*
50 min facial	£62*

### Course of 6 BIOTEC facials for £310 saving £62

Some health conditions restrict the use of Biotec Facials, including pregnancy, epilepsy & heart conditions among others. Speak to your therapist before booking any treatments.

## Scrubs and Wraps

ELEMIS Nourishing Wrap	£49*
ELEMIS Intensely Cleansing Salt Scrub	£37*
ELEMIS Frangipani Body Scrub	£37*
ISHGA Salt and Oil Scrub	£48*
ISHGA Seaweed Body Wrap	£59*

## Dermaplaning

Express	£40
Including ELEMIS mask	£49

## Hopi Ear Candling

(including scalp & face massage)	£35*
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Full payment is required at the time of booking.  
Cancellations - please provide 24 hours notice,  
bookings cancelled within 12 hours will be charged in full

# TRANQUIL SPA & BEAUTY

## FINISHING TOUCHES



Call to book your appointment today on 01524 582 916

### The Nail Bar

Mii Manicure	£33
with Gel	£38
Mii Pedicure	£39
with Gel	£43
File and Polish (hands or feet)	£16
Gel application (hands or Feet)	£24
Gel removal	£10
Artificial Nails	£40
Artificial Nails Infills	£30
Artificial Nails Soak Off	£14
Artificial Nails and Gel Polish	£45
Artificial Nails Infill and Gel Polish	£33
BIAB Full Set on Natural Nails	£38
BIAB Full Set Extensions	£40
BIAB Full Set Extensions and Gel Polish	£48
BIAB Infills	£28
Biab Infills with Gel	£33
Gel add on	£8
Nail Art	£5
Nail Art French Polish	£10
Nail extension or Gel repair	per nail £2

### Waxing

Half lower leg	£25*
Full leg	£30*
Bikini line	£15*
Chest or stomach	£23*
Upper lip, chin or cheek	£13*
Eyebrow	£12*
Lower arm	£17*
Under arm	£15*
Back only	£25*

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### Tanning

Spray Tan	£23
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### Tinting & Lifting

Eye lash tint	£15*
Eyebrow tint	£12*
Brow wax and tint	£19*
Lash and brow tint	£23*
Henna Brows	£35
Lash Lift	£40
Patch test	FREE

### Spa Journey

Private Hire (Sunday's only)	£250
Spa Journey	£20
Spa Journey Weekends	£25

#### Become a Tranquil Spa Member and receive 20% off treatments

For just £48 per month...

- Unlimited\* access to the Thermal Journey
- 20% discount on selected treatments
- Access to the swimming pool\*

\*within usage guides. Booking in advance is advised.  
Swimming access during public swim times only.