

Training Zone

Available Training Times

MONDAY

07.15 – 09.45

12.00 – 21.00

WEDNESDAY

07.15 – 09.15

12.00 – 17.00

18.00 - 21.00

FRIDAY

07.15 – 09.45

11.00 – 17.00

18.30 – 21.00

TUESDAY

06.00 – 10.45

12.00 – 18.15

19.30 – 21.00

THURSDAY

06.00 – 10.45

12.00 – 17.00

19.30 - 21.00

SATURDAY

09.15 - 17.00

SUNDAY

09.30 – 17.00

mhodgson1@hotmail.com

The Training Zone may be booked for special events which may impact on these times, we will notify customers of any changes to these training times on a daily basis.

